



Approved list of Treatments & Therapies 2010 - 2011

All treatments and therapies in list 1, 2, & 3 may be included within the basic insurance providing that the therapist is suitably qualified.
List 4 contains more specialist treatments which may be included subject to qualifications and the payment of the appropriate supplementary premium.
Please Enter only Treatments /Therapies for which you hold a named Diploma/Certificate

LIST 1 - HEALTH FITNESS & ALTERNATIVE THERAPIES

- | | | |
|---|---|---|
| GROUP I | 27 Kansa Vatki Foot Massage, Foot Reflex Massage, Jiao Qi Massage, Egyptian Hand & Foot Massage. . . <input type="checkbox"/> | 66 Reflexology Therapy, Facial Reflexology, Baby Reflexology, Hot Stone Reflexology <input type="checkbox"/> |
| 1 Aromatherapy, Kats Eye Blend. . . <input type="checkbox"/> | 30 G5 & Other Mechanical Massage Equipment, Pressotherapy, Nordic Couch, Hivamat 200, Sun Ancon Chi Massage, Zen Chi Relaxerciser, Deep Oscillation Therapy. <input type="checkbox"/> | 67 Zen Therapy <input type="checkbox"/> |
| 2 Alexander Barrie Pelvic Correction <input type="checkbox"/> | GROUP II | 68 Zero Balancing <input type="checkbox"/> |
| 3 Alexander technique/Body Stress <input type="checkbox"/> | 31 Aerobics, Exercise to Music, Body Balance. <input type="checkbox"/> | 69 Energy Field Therapy <input type="checkbox"/> |
| 4 Bio-Dynamic Massage Therapy . . . <input type="checkbox"/> | 32 Aromasport Treatments <input type="checkbox"/> | 70 Meridian Therapies, Thought Field, EFT, The Energy Cone Technique, TAT <input type="checkbox"/> |
| 5 Body Harmony <input type="checkbox"/> | 33 Dance & Drama Therapy, Body Voice, The Lebed Method, Yoga Meets Dance, Chakra Dancing <input type="checkbox"/> | 71 Myotherapy, Myoreflex Therapy . . . <input type="checkbox"/> |
| 6 Bowen Technique, Neuro -Structural Integration, Neuro -Muscular Trans mission, "M" Technique . . . <input type="checkbox"/> | 34 Fitness Training & Exercise, Fit Kid Training, Nordic Walking. <input type="checkbox"/> | 72 Subtle Integration Therapy <input type="checkbox"/> |
| 7 Hyperton X <input type="checkbox"/> | 35 Kyuyo <input type="checkbox"/> | 73 Korean Hand Massage, Malaysian Aman Muka Massage, Japanese Hand Massage <input type="checkbox"/> |
| 8 Holistic & Swedish Massage, Slavic Massage, Balinese Massage, Massage In Schools Programme, Raindrop Therapy, Trigger Point Therapy, Thai Herbal Compress Massage, No Hands Massage, Lomi Lomi Massage, Hot Stone Massage, Deep Stone Therapy, Physical Body Therapy, Horstmann Technique, Warm Bamboo Massage <input type="checkbox"/> | 36 Music & Movement, Biodanza, Nia, Music & Movement For Toddlers . . <input type="checkbox"/> | 74 Mace Energy Method <input type="checkbox"/> |
| 9 Indian Head & Face Massage, Daoyin TAO, Egyptian Rejuvenating Face Massage, Tibetan Acupressure Head Massage, Facial Harmony, Facial Radiance <input type="checkbox"/> | 37 Sports Massage <input type="checkbox"/> | GROUP V |
| 10 On-site massage <input type="checkbox"/> | 38 Sports Therapy, Vertebral Mobilisation. <input type="checkbox"/> | 81 Aura Soma Treatments. <input type="checkbox"/> |
| 11 Infant Massage (Pre-Natal & Post Natal) , Lazy Daisy, Rhythm Kids, Massage in Pregnancy <input type="checkbox"/> | 39 Sports Injury Treatments <input type="checkbox"/> | 82 Colour Therapy & Electronic, Gem Therapy <input type="checkbox"/> |
| 12 Sun-Ji Massage <input type="checkbox"/> | 40 Tai Chi /Qi Gong/Tai Ji Qua / Tai -Ki - Do / Chi Kung, Budokon, Chun Yuen Quan, Shibashi <input type="checkbox"/> | 83 Crystal Therapy, Assemblage Point Location & Shifting, Parallel Healing, Shan'ysy k'wa. <input type="checkbox"/> |
| 13 Thai Massage, Seated Thai Massage, Thai Vitality Head Massage, Thai Foot Massage. <input type="checkbox"/> | 41 Yoga , Sun Aqua Yoga, Perinatal Yogacise, Hasya Yoga, Laughter Yoga <input type="checkbox"/> | 84 Cymatics. <input type="checkbox"/> |
| 14 Tuina Massage, Mongolian Sky Massage, Mongolian Koyashai Massage, Mongolian Hot Milk Massage | 42 Pilates, Gyro Kinesis, Breema Bodywork <input type="checkbox"/> | 85 Intra - Sound <input type="checkbox"/> |
| 15 Lymph Drainage Massage, Gaia Form Lymph Drainage, Bodygodd Machine, Abdominal & Colon Massage. <input type="checkbox"/> | 43 Slimming Classes, Dietary Advice. <input type="checkbox"/> | 86 Magnetic & Bio-Magnetic Therapy Incl - Magnetech / Bio - Lamp. . . . <input type="checkbox"/> |
| 16 Reichian Therapy <input type="checkbox"/> | 44 Bates Method, Iridology <input type="checkbox"/> | 87 Pulsing <input type="checkbox"/> |
| 17 Shiatsu, ANMA and Setai, Japanese Face Massage <input type="checkbox"/> | 45 Buteyko. <input type="checkbox"/> | 88 Ultra Sound Treatments, Advanced Sound Wave Energy, PTC Vision 4100, Inverse Wave Therapy <input type="checkbox"/> |
| 18 Hydrotherm Treatments <input type="checkbox"/> | 46 IRMT-Remedial Back Therapy . . . <input type="checkbox"/> | 89 Vibro-Acoustic Therapy, Harmonic Healing, Sound Healing <input type="checkbox"/> |
| 19 Chavutti Thirumal (Kalari Payattu) <input type="checkbox"/> | 47 Martsiage <input type="checkbox"/> | 90 Colour Puncture, Colour Light Therapy <input type="checkbox"/> |
| 20 Thermo Auricular Therapy, Biosun & Otsan Ear Candles, Wally's Ear Candles <input type="checkbox"/> | GROUP III | GROUP VI |
| 21 The Rosen Method <input type="checkbox"/> | 51 Cranial Sacral Therapy. <input type="checkbox"/> | 101 Cross Colour Healing <input type="checkbox"/> |
| 22 Antanee Technique. <input type="checkbox"/> | 52 Jin Shin Jyutsu <input type="checkbox"/> | 102 Dr Bach & Other Flower Remedies, Therapeutic Dowsing, Homeopathy & Herbalism <input type="checkbox"/> |
| 23 Neuroskeletal Re-Alignment Therapy <input type="checkbox"/> | 53 Kinesiology, Touch For Health, N.O.T. <input type="checkbox"/> | 103 Emotional Healing, Shen Therapy, Journey, Kairos, Emotional Release Therapy, Reference Point Therapy, Z Point Therapy <input type="checkbox"/> |
| 24 Crystal Wand Massage <input type="checkbox"/> | 54 Metamorphic Technique <input type="checkbox"/> | 104 Esoteric & Vortex Healing, Isatreya Past Life Healing <input type="checkbox"/> |
| 25 Spinal Reflexology, The Breuss Spinal Massage, Dorn Method <input type="checkbox"/> | 55 Spinal Touch Therapy. <input type="checkbox"/> | 105 Life-Force & Magnified Healing. <input type="checkbox"/> |
| 26 Tactile Stimulation. <input type="checkbox"/> | 56 Feldenkrais/Movement Integration/ Trager Therapy. <input type="checkbox"/> | 106 Prana Healing <input type="checkbox"/> |
| | 57 Bio- Energetic Health System. . . . <input type="checkbox"/> | 107 Reiki/Radiance/ Seichem Body Talk, Prismology, Integrated Energy Therapy, Bi-Aura Therapy, DNA Healing, Body Alignment Technique, Vortex Alignment Technique, The Power of Unconditional Love Hands on Healing, Reyad Sekh Em , Omni Healing, Tibetan Healing Energy, Theta Healing, Kha Sekh Em, |
| | GROUP IV | |
| | 61 Acupressure, Haihua, Electromagnetic Audio Wave Acupressure. . . <input type="checkbox"/> | |
| | 62 Auriculotherapy. <input type="checkbox"/> | |
| | 63 Buqi <input type="checkbox"/> | |
| | 64 Polarity Therapy <input type="checkbox"/> | |
| | 65 Rebalancing Therapy, EMF, Bio-Aura <input type="checkbox"/> | |

108	Body Spin, 'SourceSTAR', Sah Krhem, Isis Healing <input type="checkbox"/>	125	Kindermusik, Therapeutic Drumming <input type="checkbox"/>	142	Best System, Avatar, Rayonex PS 10, PS100 & PS 1000, BICOM, Vantage <input type="checkbox"/>
109	Self Healing, The Meir Schneider Method, Energy Interference Patterning, Resonance Repatterning, Transference Healing <input type="checkbox"/>	126	Neuro-Linguistic Programming / Life Skills Coaching, Raviv Method, Well Being Coaching, Emotional Literacy, The Working Coach, The Option Process, Transaformational Game Workshops, Heal Your Life, Mind Detox Method, Love Heals <input type="checkbox"/>	143	Hydrotherapy <input type="checkbox"/>
110	Spiritual Healing, Angel Therapy, Reconnective Healing, Rainbow Path, Soul Healing, Rahanni Celestial Healing, Channelled Healing, Shefa Healing, Ilahinoor, White Light, Unfolding Enlightenment, Lightbody Integration <input type="checkbox"/>	127	Stress Management / Meditation, Autogenic Therapy, Guided Imagery, Colour Breathing, Relax Kids, Rainbow Path, Body-Light Workout, Learning to Relax, Health Creation Mentor, Mind Over Matter Healing <input type="checkbox"/>	144	Moxibustion / Cupping <input type="checkbox"/>
111	Clinical Ecology <input type="checkbox"/>	128	Feng Shui – Public Liability Only, Space Clearing <input type="checkbox"/>	146	First Aid Training <input type="checkbox"/>
112	Quantum Touch <input type="checkbox"/>	129	Birth Doula, Natural Childbirth, Hypno –Birthing, Natal Hypnotherapy <input type="checkbox"/>	147	Supervision or Use of Floatation Tanks, Spa & Jacuzzi Treatments, Shmeising & Hot Towel Treatments <input type="checkbox"/>
113	Setasukido <input type="checkbox"/>	130	Inter Faith Ministry <input type="checkbox"/>	148	Toning Tables, Infra-Red Therapy Treatments, Infra-Red Cabins, Sanet Merid, Q1 Master, CLRT, Scalar Wave Laser <input type="checkbox"/>
114	Creative Healing <input type="checkbox"/>	131	Assertiveness Training <input type="checkbox"/>	149	TENS Treatments, Skenar, Acupoint, Energyscan & QXCI, ACMOS, Equinox, E-Lybra 8 , InterX 5000, Health Point, SC 10, N E System, Bio-Photon Coherency Therapy, CoRe System, Asyra AT3 <input type="checkbox"/>
114	Chakra Healing, Healing Rod Therapy, Energy Healing (MSCM), Rainbow Healing Waveform, Energetic Cellular Healing, Energy For Life, Zimbate Healing <input type="checkbox"/>	132	Em-Power Therapy <input type="checkbox"/>	150	Aqua Detox, Bio Detox & Bio-Energy D-Tox, Bio-Sync Detox, Dr D-Tox, Platinum Detox, Hydra Detox, Bio-Energiser Detox <input type="checkbox"/>
GROUP VII		133			
121	Art Therapy <input type="checkbox"/>	GROUP VIII		GROUP IX	
122	Counselling / Personal Development Training, Metaphysical Practitioner <input type="checkbox"/>	141	Dietary/Nutrition Advice Including Relaxation Diet & Intolerance Testing with Vega Equipment,	161	Bowen for Horses <input type="checkbox"/>
123	Hypnotherapy Including Smoking Cessation <input type="checkbox"/>			162	Equine Aromatherapy <input type="checkbox"/>
124	Music Therapy / Healing Drum,			163	Equine Massage <input type="checkbox"/>
				164	Reiki for Animal <input type="checkbox"/>

LIST 2 - BEAUTY THERAPY

271	Manicure, Body Oxyjet, Eyebrow shaping, High Frequency Treatments, Masks, Pedicure, Cleansing, Eyebrow & Lash Tinting, Henna Art, Massage-Facial, Physical Exercises, Cosmetic Camouflage, Eyelash Extensions, Infra-Red Treatments, Massage-Body, Sea Spa Treatment, Depilation, Eyelash Perming, Jenny Lash (Eyelash Extensions), Massage-Machine Aided, Tooth Jewels, Dietary Nutrition Advice Treatments, Faradic Treatments, Lymph Drainage, Threading, Vacuum Suction,	272	Ear piercing, Galvanic Treatments, Make-up, Natural Facial, Wrapping Treatments <input type="checkbox"/>
		273	Electrical Epilation <input type="checkbox"/>
		274	Colour Analysis & Make-up, Image Consultant <input type="checkbox"/>
		275	Nails Including – False Nails, Decorating & Sculpting <input type="checkbox"/>
		276	Rejuenessence <input type="checkbox"/>
		277	Celluwave <input type="checkbox"/>
		278	CACI – Futurtec, Perfector <input type="checkbox"/>
		279	Spray Tanning <input type="checkbox"/>
			Hairdressing <input type="checkbox"/>

LIST 3 - INCLUDED AS STANDARD COVER

301	Clinical / Advanced Aromatherapy <input type="checkbox"/>	305	Gyrotonic Expansion System, Yamuna Body Logic & Yamuna Body Rolling <input type="checkbox"/>
302	Fitness Training & Exercise Inc:- Use of Hand-Weights & Gymnasium Equipment <input type="checkbox"/>	306	Phoenix Rising Yoga Therapy & Baby Yoga <input type="checkbox"/>
304	Re – Birthing, Healing Breathwork,		NADA - Auricular Acupuncture <input type="checkbox"/>

LIST 4 - SPECIALIST TREATMENTS (£1 Million Indemnity / £2 Million Indemnity)

401	Advanced Epilation: 1 – 5 Years Experience . . . £95.00	Comprising Insurance Premium £78.25 (plus IPT £3.91)	+ Admin Charge £8.94
	Advanced Epilation: Over 5 Years Experience . . £65.00	Comprising Insurance Premium £66.74 (plus IPT £3.34)	+ Admin Charge £9.92
(Maximum Indemnity £500,000.00 Cover on a Claims made basis ONLY)			
402	Microdermabrasion, £1Million Indemnity £65.00	Comprising Insurance Premium £53.39 (plus IPT £2.67)	+ Admin Charge £8.94
	Skin Peeling (low AHA cincrtrate) £2Million Indemnity £80.00	Comprising Insurance Premium £66.74 (plus IPT £3.34)	+ Admin Charge £9.92
403	Sauna & Steam Bath £1Million Indemnity £65.00	Comprising Insurance Premium £53.39 (plus IPT £2.67)	+ Admin Charge £8.94
	Treatments £2Million Indemnity £80.00	Comprising Insurance Premium £66.74 (plus IPT £3.34)	+ Admin Charge £9.92
406	Rolfing £1Million Indemnity £85.00	Comprising Insurance Premium £72.74 (plus IPT £6.34)	+ Admin Charge £8.62
	£2Million Indemnity £105.00	Comprising Insurance Premium £92.58 (plus IPT £4.63)	+ Admin Charge £7.79
407	Postural & Myofascial £1Million Indemnity £85.00	Comprising Insurance Premium £72.74 (plus IPT £3.64)	+ Admin Charge £8.62
	Integration £2Million Indemnity £105.00	Comprising Insurance Premium £92.58 (plus IPT £4.63)	+ Admin Charge £7.79
421	Equine Therapies £1Million Indemnity £55.00	Comprising Insurance Premium £46.29 (plus IPT £2.31)	+ Admin Charge £6.40
	(Pat Ki) £2Million Indemnity £75.00	Comprising Insurance Premium £66.13 (plus IPT £3.31)	+ Admin Charge £5.56