



# Approved list of Treatments & Therapies 2009 - 2010

All treatments and therapies in list 1, 2, & 3 may be included within the basic insurance providing that the therapist is suitably qualified.  
List 4 contains more specialist treatments which may be included subject to qualifications and the payment of the appropriate supplementary premium.  
Please Enter only Treatments /Therapies for which you hold a named Diploma/Certificate

## LIST 1 - HEALTH FITNESS & ALTERNATIVE THERAPIES

### GROUP I

- 1 Aromatherapy, Kats Eye Blend . . .
- 2 Alexander Barrie Pelvic Correction
- 3 Alexander technique/Body Stress . . .  
Release . . . . .
- 4 Bio-Dynamic Massage Therapy . . .
- 5 Body Harmony . . . . .
- 6 Bowen Technique, Neuro -Structural  
Integration, Neuro -Muscular  
Trans mission, "M" Technique . . .
- 7 Hyperton X . . . . .
- 8 Holistic & Swedish Massage, Slavic  
Massage, Balinese Massage,  
Massage In Schools Programme,  
Raindrop Therapy, Trigger Point  
Therapy, Thai Herbal Compress  
Massage, No Hands Massage, Lomi  
Lomi Massage, Hot Stone Massage,  
Deep Stone Therapy, Physical Body  
Therapy, Horstmann Technique . . .
- 9 Indian Head & Face Massage, Daoyin  
TAO Massage, Tibetan Acupressure  
Head Massage, Facial Harmony,  
Facial Radiance . . . . .
- 10 On-site massage . . . . .
- 11 Infant Massage (Pre-Natal & Post  
Natal) , Lazy Daisy, Rhythm Kids,  
Massage in Pregnancy . . . . .
- 12 Sun-Ji Massage . . . . .
- 13 Thai Massage, Seated Thai Massage,  
Thai Vitality Head Massage, Thai Foot  
Massage . . . . .
- 14 Tuina Massage, Mongolian Sky  
Massage, Mongolian Koyashai  
Massage, Mongolian Hot Milk  
Massage
- 15 Lymph Drainage Massage, Gaia  
Form Lymph Drainage, Bodygold  
Machine . . . . .
- 16 Reichian Therapy . . . . .
- 17 Shiatsu, ANMA and Setai, Japanese  
Face Massage . . . . .
- 18 Hydrotherm Treatments . . . . .
- 19 Chavutti Thirumal (Kalari Payattu)
- 20 Thermo Auricular Therapy, Biosun &  
Otosan Ear Candles . . . . .
- 21 The Rosen Method . . . . .
- 22 Antaneea Technique . . . . .
- 23 Neuroskeletal Re-Alignment Therapy  
. . . . .
- 24 Crystal Wand Massage . . . . .
- 25 Spinal Reflexology, The Breuss Spinal  
Massage, Dorn Method . . . . .
- 26 Tactile Stimulation . . . . .
- 27 Kansa Vatki Foot Massage, Foot  
Reflex Massage, Jiao Qi Massage,  
Egyptian Hand & Foot Massage . .
- 30 G5 & Other Mechanical Massage

- Equipment, Pressotherapy, Nordic  
Couch, Hivamat 200, Sun Ancon Chi  
Massage, Zen Chi Relaxerciser, Deep  
Oscillation Therapy . . . . .

### GROUP II

- 31 Aerobics, Exercise to Music, Body  
Balance . . . . .
- 32 Aromasport Treatments . . . . .
- 33 Dance & Drama Therapy, Body Voice,  
The Lebed Method, Yoga Meets  
Dance, Chakra Dancing . . . . .
- 34 Fitness Training & Exercise, Fit Kid  
Training . . . . .
- 35 Kyuyo . . . . .
- 36 Music & Movement, Biodanza, Nia,  
Music & Movement For Toddlers . .
- 37 Sports Massage . . . . .
- 38 Sports Therapy, Vertebral  
Mobilisation . . . . .
- 39 Sports Injury Treatments . . . . .
- 40 Tai Chi /Qi Gong/Tai Ji Qua /  
Tai -Ki - Do / Chi Kung, Budokon .
- 41 Yoga , Sun Aqua Yoga, Perinatal  
Yogacise, Hasya Yoga . . . . .
- 42 Pilates, Gyro Kinesis, Breema  
Bodywork . . . . .
- 43 Slimming Classes, Dietary Advice .
- 44 Bates Method . . . . .
- 45 Buteyko . . . . .
- 46 IRMT-Remedial Back Therapy . . .
- 47 Martsiage . . . . .

### GROUP III

- 51 Cranial Sacral Therapy . . . . .
- 52 Jin Shin Jyutsu . . . . .
- 53 Kinesiology, Touch For Health,  
N.O.T. . . . .
- 54 Metamorphic Technique . . . . .
- 55 Spinal Touch Therapy . . . . .
- 56 Feldenkrais/Movement Integration/  
Trager Therapy . . . . .
- 57 Bio- Energetic Health System . . .

### GROUP IV

- 61 Acupressure, Haihua, Electromag-  
netic Audio Wave Acupressure . . .
- 62 Auriculotherapy . . . . .
- 63 Buqi . . . . .
- 64 Polarity Therapy . . . . .
- 65 Rebalancing Therapy, EMF,  
Bio-Aura . . . . .
- 66 Reflexology Therapy, Facial  
Reflexology, Baby Reflex . . . . .
- 67 Zen Therapy . . . . .
- 68 Zero Balancing . . . . .
- 69 Energy Field Therapy . . . . .
- 70 Meridian Therapies, Thought Field,

- EFT, The Energy Cone Technique,  
TAT . . . . .
- 71 Myotherapy, Myoreflex Therapy . .
  - 72 Subtle Integration Therapy . . . . .
  - 73 Korean Hand Massage, Malaysian  
Aman Muka Massage, Japanese  
Hand Massage . . . . .

### GROUP V

- 81 Aura Soma Treatments . . . . .
- 82 Colour Therapy & Electronic,  
Gem Therapy . . . . .
- 83 Crystal Therapy, Assemblage Point  
Location & Shifting, Parallel Healing,  
Shan'ysy k'wa . . . . .
- 84 Cymatics . . . . .
- 85 Intra - Sound . . . . .
- 86 Magnetic & Bio-Magnetic Therapy  
Incl - Magnetech / Bio - Lamp . . .
- 87 Pulsing . . . . .
- 88 Ultra Sound Treatments, Advanced  
Sound Wave Energy, PTC Vision  
4100, Inverse Wave Therapy . . . .
- 89 Vibro-Acoustic Therapy, Harmonic  
Healing, Sound Healing . . . . .
- 90 Colour Puncture, Colour Light  
Therapy . . . . .

### GROUP VI

- 101 Cross Colour Healing . . . . .
- 102 Dr Bach & Other Flower Remedies,  
Therapeutic Dowsing . . . . .
- 103 Emotional Healing, Shen Therapy,  
Journey, Kairos, Emotional Release  
Therapy . . . . .
- 104 Esoteric & Vortex Healing, Isatreya  
Past Life Healing . . . . .
- 105 Life-Force & Magnified Healing .
- 106 Prana Healing . . . . .
- 107 Reiki/Radiance/ Seichem Body Talk,  
Prismology, Integrated Energy  
Therapy, Bi-Aura Therapy, DNA  
Healing, Body Alignment Technique,  
Vortex Alignment Technique, The  
Power of Unconditional Love Hands  
on Healing, Reyad Sekh Em , Omni  
Healing, Tibetan Healing Energy,  
Theta Healing, Kha Sekh Em,  
Body Spin, 'SourceSTAR',  
Sah Krhem . . . . .
- 108 Self Healing, The Meir Schneider  
Method, Energy Interference  
Patterning, Resonance  
Repatterning . . . . .
- 109 Spiritual Healing, Angel Therapy,  
Reconnective Healing, Rainbow  
Path, Soul Healing, Rahanni  
Celestial Healing, Channelled



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- |   |   |   |
|---|---|---|
| 110 Healing, Shefa Healing <input type="checkbox"/> | 126 Stress Management / Meditation,                 | 144 First Aid Training <input type="checkbox"/>     |
| 111 Clinical Ecology <input type="checkbox"/>       | Autogenic Therapy, Guided Imagery,                  | 146 Supervision or Use of Floatation                |
| 112 Quantum Touch <input type="checkbox"/>          | Colour Breathing, Relax Kids,                       | Tanks, Spa & Jacuzzi Treatments,                    |
| 113 Setsukido <input type="checkbox"/>              | Rainbow Path, Body-Light Workout,                   | Shmeising & Hot Towel Treatments                    |
| 114 Creative Healing <input type="checkbox"/>       | Learning to Relax <input type="checkbox"/>          | <input type="checkbox"/>                            |
| 114 Chakra Healing, Healing Rod                     | 127 Numerology <input type="checkbox"/>             | 147 Toning Tables, Infra-Red Therapy                |
| Therapy, Energy Healing (MSCM),                     | 128 Perceptual Enrichment                           | Treatments, Infra-Red Cabins,                       |
| Rainbow Healing Waveform,                           | Programme <input type="checkbox"/>                  | Sanet Merid, Q1 Master <input type="checkbox"/>     |
| Energetic Cellular Healing, Energy                  | 129 Feng Shui – Public Liability Only,              | 148 TENS Treatments, Skenar,                        |
| For Life <input type="checkbox"/>                   | Space Clearing <input type="checkbox"/>             | Acupoint, Energyscan & QXCI,                        |
| <b>GROUP VII</b>                                    | 130 Birth Doula, Natural Childbirth,                | ACMOS, Equinox, E-Lybra 8 ,                         |
| 121 Art Therapy <input type="checkbox"/>            | Hypno –Birthing, Natal                              | InterX 5000, Health Point, SC 10,                   |
| 122 Counselling / Personal Development              | Hypnotherapy <input type="checkbox"/>               | N E System, Bio-Photon Coherency                    |
| Training, Metaphysical Practitioner                 | 131 Inter Faith Ministry <input type="checkbox"/>   | Therapy, CoRe System,                               |
| 123 Hypnotherapy Including Smoking                  | 132 Assertiveness Training <input type="checkbox"/> | Asyra AT3 <input type="checkbox"/>                  |
| Cessation <input type="checkbox"/>                  | 133 Em-Power Therapy <input type="checkbox"/>       | 149 Aqua Detox, Bio Detox &                         |
| 124 Music Therapy / Healing Drum,                   | <b>GROUP VIII</b>                                   | Bio-Energy D-Tox, Bio-Sync Detox,                   |
| Kindermusik, Therapeutic                            | 141 Dietary/Nutrition Advice Including              | Dr D-Tox, Platinum Detox, Hydra .                   |
| Drumming <input type="checkbox"/>                   | Relaxation Diet & Intolerance                       | Detox, Bio-Energiser Detox <input type="checkbox"/> |
| 125 Neuro-Linguistic Programming / Life             | Testing with Vega Equipment,                        | 150 Inversion Table <input type="checkbox"/>        |
| Skills Coaching,Raviv Method, Well                  | Best System, Avatar, Rayonex PS                     | <b>GROUP IX</b>                                     |
| Being Coaching, Emotional Literacy,                 | 10, PS100 & PS 1000, BICOM,                         | 161 Bowen for Horses <input type="checkbox"/>       |
| The Working Coach, The Option                       | Vantage <input type="checkbox"/>                    | 162 Equine Aromatherapy <input type="checkbox"/>    |
| Process, Transaformational Game                     | 142 Hydrotherapy <input type="checkbox"/>           | 163 Equine Massage <input type="checkbox"/>         |
| Workshops, Heal Your Life <input type="checkbox"/>  | 143 Moxibustion / Cupping <input type="checkbox"/>  | 164 Reiki for Animal <input type="checkbox"/>       |

## LIST 2 - BEAUTY THERAPY

- |  |  |
|--|--|
| 271 Manicure, Body Oxyjet, Eyebrow shaping,              | Ear piercing, Galvanic Treatments, Make-up,  |
| High FrequencyTreatments, Masks, Pedicure, Cleansing,    | Natural Facial, Wrapping Treatments <input type="checkbox"/>                       |
| Eyebrow & Lash Tinting, Henna Art, Massage-Facial,       | 272 Electrical Epilation <input type="checkbox"/>                                  |
| Physical Exercises, Cosmetic Camouflage,                 | 273 Colour Analysis & Make-up, Image Consultant <input type="checkbox"/>           |
| Eyelash Extensions, Infra-Red Treatments,                | 274 Nails Including – False Nails, Decorating & Sculpting <input type="checkbox"/> |
| Massage-Body, Sea Spa Treatment, Depilation,             | 275 Rejuenessence <input type="checkbox"/>   |
| Eyelash Perming, Jenny Lash (Eyelash Extensions),        | 276 Celluwave <input type="checkbox"/>   |
| Massage-Machine Aided, Tooth Jewels,                     | 277 CACI – Futurtec, Perfector <input type="checkbox"/>                            |
| Dietary Nutrition Advice Treatments, Faradic Treatments, | 278 Spray Tanning <input type="checkbox"/>   |
| Lymph Drainage, Threading, Vacuum Suction,               | 279 Hairdressing <input type="checkbox"/>  |

## LIST 3 - INCLUDED AS STANDARD COVER

- |  |  |
|--|--|
| 301 Clinical / Advanced Aromatherapy <input type="checkbox"/>      | Gyrotonic Expansion System, Yamuna Body Logic                        |
| 302 Fitness Training & Exercise Inc:-                              | & Yamuna Body Rolling <input type="checkbox"/>                       |
| Use of Hand-Weights & Gymnasium Equipment <input type="checkbox"/> | 305 Phoenix Rising Yoga Therapy & Baby Yoga <input type="checkbox"/> |
| 304 Re – Birthing, Healing Breathwork,                             | 306 NADA - Auricular Acupuncture <input type="checkbox"/>            |

## LIST 4 - SPECIALIST TREATMENTS (£1 Million Indemnity / £2 Million Indemnity)

- |  |   |
|--|---|
| 401 Advanced Epilation: 1 – 5 Years Experience .. <b>£95.00</b>          | Comprising Insurance Premium £78.25 (plus IPT £3.91) + Admin Charge £8.94 |
| Advanced Epilation: Over 5 Years Experience . <b>£65.00</b>              | Comprising Insurance Premium £66.74 (plus IPT £3.34) + Admin Charge £9.92 |
| <b>(Maximum Indemnity £500,000.00 Cover on a Claims made basis ONLY)</b> |   |
| 402 Microdermabrasion, <b>£1Million Indemnity £65.00</b>                 | Comprising Insurance Premium £53.39 (plus IPT £2.67) + Admin Charge £8.94 |
| Skin Peeling (low AHA cincrtrate) <b>£2Million Indemnity £80.00</b>      | Comprising Insurance Premium £66.74 (plus IPT £3.34) + Admin Charge £9.92 |
| 403 Sauna & Steam Bath <b>£1Million Indemnity £65.00</b>                 | Comprising Insurance Premium £53.39 (plus IPT £2.67) + Admin Charge £8.94 |
| Treatments <b>£2Million Indemnity £80.00</b>                             | Comprising Insurance Premium £66.74 (plus IPT £3.34) + Admin Charge £9.92 |
| 406 Rolfling <b>£1Million Indemnity £85.00</b>                           | Comprising Insurance Premium £72.74 (plus IPT £6.34) + Admin Charge £8.62 |
| <b>£2Million Indemnity £105.00</b>                                       | Comprising Insurance Premium £92.58 (plus IPT £4.63) + Admin Charge £7.79 |
| 407 Postural & Myofascial <b>£1Million Indemnity £85.00</b>              | Comprising Insurance Premium £72.74 (plus IPT £3.64) + Admin Charge £8.62 |
| Integration <b>£2Million Indemnity £105.00</b>                           | Comprising Insurance Premium £92.58 (plus IPT £4.63) + Admin Charge £7.79 |
| 413 K Zone Kinesiology <b>£1Million Indemnity £65.00</b>                 | Comprising Insurance Premium £53.39 (plus IPT £2.67) + Admin Charge £8.94 |
| <b>£2Million Indemnity £80.00</b>  | Comprising Insurance Premium £66.74 (plus IPT £3.34) + Admin Charge £9.92 |
| 421 Equine Therapies <b>£1Million Indemnity £55.00</b>                   | Comprising Insurance Premium £46.29 (plus IPT £2.31) + Admin Charge £6.40 |
| (Pat Ki) <b>£2Million Indemnity £75.00</b>                               | Comprising Insurance Premium £66.13 (plus IPT £3.31) + Admin Charge £5.56 |